



AIMCAANA *Connection*

Summer 2012 • Volume 5, Number 1



Library



School



Empowering Society by Empowering Individuals with Education

“These pictures are of the recently renovated Jinnah Hospital library and Jinnah Public School, AIMCAANA’s newly supported projects.”

Allama Iqbal Medical College Alumni Association of North America



AIMCAANA Connection

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About The Cover

The pictures are of the Jinnah Hospital Library which has been recently renovated by AIMCAANA and Jinnah Public School which AIMCAANA has sponsored.

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BismiLlaah-ir-Ruhmaan-ir-Raheem

What Physicians Can do!

Shahram Malik, MD

According to an estimate, Government of Pakistan spends approximately two million Rupees on education of each student during the prescribed five years in a medical school, [1] but charges only a very nominal fee to the student. Even in the United States, a country with the world's richest government, a medical student has to personally foot the bill for the same education by paying comparatively astronomical fees, and the government may provide in some cases loans on interest to only those students who qualify for them. Sadly in Pakistan, instead of paying back by serving the country and her terribly needy people, approximately 1,500 graduating physicians leave the country every year, and only 10-15% of them return [2]. Not only the physicians but other professionals leave Pakistan at the same rate after graduating from their respective institutions. These are alarming figures for any country, but for a poor nation like Pakistan, they are nothing less than the deathblow to its progress.

There are two large groups of physicians from Pakistan. One large group of physicians is sitting outside the country as mentioned above and the other group which is present in the country goes on strike every few months. The end result is the same, suffering for the poor patient and more damage to the health care system. In recent years, there have been several strikes by Young Doctors Association (YDA) of Pakistan in which they close the hospitals and stop seeing the patients, although their demands are logical but their way of protesting is unjustified. To be responsible citizens of Pakistan, it is everybody's responsibility to safeguard the rights of her people. In our case, it is the right of the patient to be seen by the physician if he or she comes to hospital with his or her problem.

Let us point out a few places where we can help. A few months ago, because of the negligence of pharmaceutical companies and drug inspectors, several lives were lost in one of the major health institutions in Lahore, Pakistan. It is also a bitter reality that there are several hundred pharmaceutical agencies in the province of Punjab and only 50 drug inspectors. We can help in establishing an FDA-like agency in Pakistan which will make sure that the drugs are properly screened and tested before making them available for public use. In the last two years, Dengue virus in Pakistan has caused loss of several lives. The government has repeatedly failed in providing vaccinations in a timely manner. Pakistani-American physicians can work in collaboration with several agencies in the USA and can provide good quality vaccines against Dengue virus and Flu virus on a large scale.

In the last few years, the physicians of Allama Iqbal Medical College Alumni Association of North America (AIMCAANA) have proved that they can bring a change in the lives of people

with continuous struggle and strong commitment. Establishment of Endocrinology center, outpatient chemotherapy infusion center and establishment of Jinnah public school to cater to the needs of children of junior ranked officers of Jinnah Hospital and AIMC are some projects which AIMCAANA physicians were able to finish. This is only the beginning. We are sure that with strong commitment and having complete faith in Allaah SobhanaHo wa Ta'ala AIMCAANA will be able to expand its social welfare projects. There are several other projects which we can do to help people of Pakistan in general. A time comes in one's life when one thinks to give back to the country which has given one so much. I think that it is the time in our lives that we should start paying back to the country which has given us so much. Sitting in our comforts of prosperity and throwing darts of condescending criticism, even of scorn, at the people back home is nothing but ungratefully forgetting the favors Pakistan has done to us, and a shameless attempt on our part to escape the qualms of conscience trapped in the deepest recesses of our minds.

The best of mankind, the Messenger Sull-Allaaho alaehe wa sillum once said that poverty may push one to the brink of Hell. The financially straitened young doctors of Pakistan cannot be expected to ride the high horse of ethics, and keep serving when their own survival is afflicted with sickness of poverty. What is needed are programs which provide jobs for doctors with salaries allowing respectable living, and ample supplies of medicines and other means needed by them to given some decent care to the sick in Pakistan. Our focus should be creating within Pakistan circumstances which permit young doctors to willingly render services to the sick without fear for their own survival. We, on the other hand, are laying emphasis on executing policies that help increase Pakistan's medical brain drain. Contributions to projects for clean water for a village, building a school for children etc. are, no doubt, good deeds, but far from the policies that bring true progress in medical education and health care of a nation. We are doctors. What we know best is the things it takes to do doctoring. Should we not then spend our efforts and means on improving condition of doctors and doctoring in Pakistan? Think about it!

References

1- MW Tahir et al. *World Academy of Science, Engineering and Technology*. "Brain Drain of Doctors; Causes and Consequences in Pakistan" 2011:406-412

2- Higher Education Commission of Pakistan <http://www.hec.gov.pk>

Shahram Malik, AIMC 2002, did Family Medicine residency at East Tennessee State University, Bristol, Tennessee. He is currently working as a Hospitalist at Mountain View Regional Medical Center in Norton, Virginia.



Abid Hussain, MD
President AIMCAANA 2012

To Dear Iqbalians,

It's my great privilege and honor to take the charge of AIMCAANA as a president for year 2012. I am confident that I would be able to continue the great work carried out by the earlier presidents and make the organization ever better through incorporating innovative ideas of my fellow Iqbalians and all others colleagues who are involved in this good work. I am sure we will continue many projects along with launching of new projects, I am proud to announce continuation of following ongoing projects:

- **Supporting the elementary school at Jinnah Hospital:** We have already contributed towards the school for the children of employees working at AIMC and Jinnah Hospital by providing books and furniture. I intend to continue that support in a more organized way by inviting the school administration's suggestion regarding their needs and addressing them accordingly.
- **Chemotherapy Infusion Suite:** It was established and maintained in 2011 to give outpatient chemotherapy treatments to all patients in safe and comfortable environment. Due to its utility it is already needed to be expanded to provide separate treatment area for men and women and active efforts are underway to accomplish that this year.
- **Iqbalian House:** AIMCAANA is supporting rent of a house in Philadelphia since May 2009, where young physicians can stay with minimum cost while preparing for their exams and searching for their residencies. I will continue and support this project for year 2012.
- **Reading Room for Young Doctors:** There has not been any maintenance done for the reading room in Jinnah hospital and conditions have become unsafe for many young physician studying there. We intend to oversee complete renovation reading room for young doctors at Jinnah Hospital.
- **JAIDE:** JAIDE is proving excellent care and education to poor and needy patient since 11/2009, due to its tremendous success we plan to support its plan to expand services. Citizen committee has already begun obtaining quotes for additional work needed.
- **Scholarship Project:** This useful project shall be continued as was done in earlier years. The designate committee will review all potential applicants, their interest, and their contribution in advancing medical knowledge. Last year it was decided that research work will be encouraged and I intend to continue with that along with other need based assistance as and when required by the Iqbalians.
- **Credential Verification:** System has finally put in place, please visit www.aimcaana.org for details. We will continue to provide credential verification to Iqbalians and we want all of you to utilize this frequently and give us feedback.
- **Qarz-e-Hasna:** This scheme shall be continued for scholarly work, research, and advancement of stated goal and objectives of AIMCAANA. I intend to add need based aspect on this scheme so as to help young iqbalians that are really good but not able to compete due to lack of financial resources.
- **A tribute to Citizen Committee:** You all are aware of the importance of the Citizen Committee and its role in improving our working as a coherent group. We will not be able to accomplish any of our goals without their help. The volunteer committee members brainstorm and suggest workable solutions to the issues confronted. I would urge all of you to take part enthusiastically by choosing to be a part of the Citizen Committee. I intend to utilize services of the Citizen Committee more actively throughout the year.

I look forward to working with you all, seeking your advice and trying to make this forum more useful and productive. Please don't hesitate to write me and tell me what we can do to improve our working further.

Truly yours,

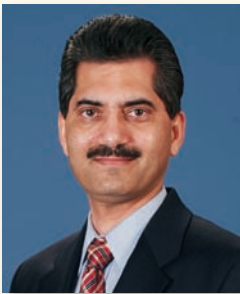
Abid Hussain, M.D.

President AIMCAANA

Abid, AIMC 1986, completed residency at the University of Connecticut, Farmington, in 1996. At present, he is in private practice in internal medicine in Hemet, California.



Dr. Khurram Nazeer and Dr. Sajid Chaudhary



Thanks to the vibrant and zealous participation of membership AIMCAANA had another very busy and eventful year and momentum of progress continued throughout the year. AIMCAANA was able to make further progress on several fronts not only at our alma mater but also in our adopted homeland including improving patient care, uplifting of education standards and opportunities for students, and stimulating critical thinking through social forums. We continued the support of Iqbalian house, Qarz-e-hasna, JAIDE, Chemotherapy infusion suite, and scholarships. Our members have also been active in providing leadership in their communities and working on interfaith harmony for example Dr. Babar Cheema has taken a leading role in this regard in Louisville KY and Dr Naeem Tahirkheli through his foundation in Pakistan continues to improve education by supporting the schools, and living conditions by rebuilding houses for flood victims. AIMCAANA annual meeting in St. Louis was once again very well attended and AIMCAANA membership continues to grow like the previous year. Many of our members contributed generously for all these projects as mentioned below in our financial statement of 2011. Please do not hesitate to contact us if you have any concerns and questions regarding the financial statement.

Khurram, AIMC 1989, is a Board Certified Internist and Board Certified Nephrologist currently practicing in Louisville, Kentucky.

Sajid Chaudhary, AIMC 1985, is currently practicing Infectious Diseases in Orlando Florida. He is also serving as Clinical Assistant Professor at University of Central Florida School of Medicine.

Fifth Third Bank AIMCAANA General Account

12/31/10 - 12/31/11

DESCRIPTION	INCOME	EXPENSE	
AIMCAANA projects in Pakistan total		\$18,000.00	
Iqbalian house		\$14,400.00	
Journal expense 2011		\$3,337.50	
Meeting expense		\$2,200.00	
Qarze Hasana to Iqbalians		\$10,000.00	
Social forum		\$4,405.58	
Miscellaneous fees/PayPal fees		\$195.00	
Website / internet / blast email		\$3,000.00	
Subtotal		\$55,538.08	
Memberships	\$850.00		
Previous year funds from APPNA	\$3,088.00		
Donations	\$35,000.00		
AIMCAANA connection advertisement	\$3,100.00		
Social forum donations	\$2,500.00		
Meeting tickets	\$2,860.00		
Miscellaneous	\$210.69		
Subtotal	\$47,608.69		
Balance 12/31/10			\$25583.16
Balance 12/31/11			\$17653.77



Dr. Khadim Hussain

No doubt our country of birth is going through some testing times however we certainly hope this adversity brings meaningful positive change. On glimmer of hope is the fact that for the first time in history Pakistan change is driven through the efforts and sacrifices of the civil society, media and lawyer movement. People of Pakistan are more aware then ever about their rights and strengths and everybody recognizes that the media has played major role in bringing about these changes.

Like always in all these matters AIMCAANA has been the enthusiastic supporter and stood behind the people. Be it mater of education and health of less fortunate, flood crisis, Lawyer movement, or independence of media. Social forum organized by AIMCAANA members always focus on current and important issues. Keeping up

with our tradition this year we invited Mr. Umer Cheema , a journalist from Pakistan who did a wonderful presentation and enlightens the local community about the safety issues faced by media, and sacrifices of journalists.

Our annual dinner has always been a great event for all iqbalians participating APPNA annual meeting. . Thought provoking presentations by AIMCAANA officers about the activities of previous year was the highlight of meeting. Since 2009 AIMCAANA has spent over 200, 000 in many charitable projects. Anwar Maqsood light poetry and words of folk wisdom was great hit. Professor Javed Akram as always honored the occasion with his presence and distributed the Shield of recognition to citizen committee. As always, we thank the AIMCAANA members listed below for their support during last year.

Khadim, AIMC 1986, is a Board Certified Internist practicing emergency Medicine at Vally Baptist Medical Center Brownsville TX as chair of department of emergency medicine.

NAME	COLLECTED
Farrukh Adhami	\$6,000.00
Khadim Hussain	\$5,500.00
Tahir Latif	\$5,000.00
Muhammad Babar Cheema	\$3,000.00
Abid Hussain	\$2,500.00
Sajid Chaudhary	\$2,000.00
*Hassan Majeed	\$1,571.00
Pervaiz Iqbal	\$1,200.00
Ejaz Virk	\$1,000.00
Fuad Afzal	\$1,000.00
Mohammad Tariq	\$1,000.00
Muzaffar Mueen Saleemi	\$1,000.00
Waqar Syed	\$1,000.00
Fazal Ali	\$600.00
*Shahram Malik	\$550.00
Asif Mahmood	\$500.00
Monem Gillen	\$500.00
Nadeem Anwar	\$500.00
Qaiser Jawaid	\$500.00
Hammad Nazeer	\$350.00
Ali Raza Qamar	\$250.00

*Funds collected by Shahram malik and Hassan Majeed from several young iqbalians to renovate reading room at Jinnah Hospital.



Asif Mahmood, MD.

We at AIMCAANA truly believe that educating the impoverished youth and our next generation is the only long term solution to route out extremism from our society and will support any endeavor to empower our society by empowering individuals with education, especially underserved, and oppressed segment of our society. In that spirit we committed to support Jinnah Public School.

This school was set up to provide high quality education to children of lower scale employees working in AIMC and JH Lahore. As a token of appreciation for the services of AIMC employees, AIMCAANA provided books and furniture for children of AIMC employees, studying at Jinnah hospital public school. AIMCAANA executive council is currently considering a proposal to approve funds for construction of an additional classroom to cater the needs of growing number of students in this school. We hope that with your continued support we will provide additional funds to the school to buy furniture and books and winter uniforms. We will highly appreciate your donations for this noble cause as many of you have done it in the past.

ASIF AIMC 1997, practices as hospitalist with Fredericksburg and Central Virginia Hospitalist groups and lives in Richmond WV.

A Word Of Gratitude From Principal Jinnah Public School

Dear AIMCAANA Friends,

Am immensely pleased in writing to you the account of Jinnah Public School, since its inception till date. Jinnah Public School is a community school, built to cater to the educational and developmental needs of the children of junior ranked (grade 1-5), para medical staff of Jinnah Hospital and Allama Iqbal Medical College. Prof Dr. Javed Akram inaugurated it on October 27th, 2008. Before the inauguration the building of the school was a two room, shabby place, served as a hide out spot for drug addicts to carry on their activities. Upon finding this, Prof Dr. Javed Akram decided to turn the school into a functional school. Therefore, I myself was given the charge to serve as Principal Jinnah Public School. Mrs. Shaista Malik is the Chairperson of the school.

When we started off, we only had 2 rooms, three teachers and thirty students. We only had 3 classes (Prep, 1st & 2nd) but now the school has been extended up to grade 7th and we are hoping to start grade 8th next year.

We really appreciate that our AIMCANA friends have donated us a large sum of money which was used to buy books and furniture for the school.

We are grateful for your help and patronage all this time and we look forward to get the same kind of interest and support in times to come.

Best Regards,

Tasneem Malik
Principal
Jinnah Public School



AIMCAANA is committed to continue to support Jinnah Public School.

Our future plan includes constructing an additional classroom to cater the needs of growing number of students in this school. We are also going to continue to provide additional funds to the school to buy furniture and books. We will highly appreciate if Iqbalians will donate for this noble cause as they have done it in the past.



Sanctity of Human Life

Dr. Wasique Mirza

Things have been rather rocky back home and it seems that it has been decades since our citizens have seen days of peace and quiet without worrying about what's going on around them, wondering about the day to day life; what may be in store for them on the way to the market, or on their next trip away from the sanctuary of their home. The history of this uncertainty goes back to the 80s, a product of our war against the mighty Russians. The citizens of Pakistan stood by their Afghani neighbors and were severely punished for a war that was not truly theirs. Things have not really changed so much in the last twenty five years despite changes in government and passing of the torch from one suspect regime to another. Faces have changed but the dangers to life and livelihood of ordinary people just go on, and the uncanny ability of our minds saturated with the presence of looming dangers of daily life have learned to tune out any such stray thoughts. Life goes on in Pakistan and the value of human lives is pushed back into the subconscious as an expendable commodity. Sometimes one has to step back to see the forest and not the trees and maybe, that is the vantage point that we the expatriates in the United States and around the world enjoy. We can look back, and marvel at things that are so alarming to anyone else, but to the people that they actually affect.

Recent events in Afghanistan involved the murder of seventeen innocent people in the hands of a US soldier. Though the culprit wears a US military uniform and is a proverbial outsider, the incident is not any different from events that have taken place in Pakistan on a regular basis, whether in the hands of a drone, or the results of sectarian violence and religious jingoism. What amazes me is the reaction of people when they learn about it. In case of the massacre in Afghanistan, it was a major concern that this incident, in view of other recent events, was going to result in widespread violent but there was hardly any, why? The answer came as a statement by one Afghani leader saying that it was just 17 lives, what's the big deal about it. It happens all the time. If it wasn't a soldier, it would have been a wayward drone attack or another form of violence killing innocent civilians. We are used to this loss of human lives and thus we do not take much notice. However, if it was something more profound such as a disregard for the religion, like the recent burning of the Quran, that is an

incident we need to fight for, as that is so much more important than a few human lives.

Really! The concept of protecting the sanctity of our religion is very valid and our responsibility but violence in its name is something that has always troubled me. The holy Quran, in 5:32 states, "if any one slew a person ... it would be as if he slew the whole humanity: and if any one saved a person, it would be as if he saved the whole humanity". Every innocent human life is sacred; whether it belongs to a Muslim or a non Muslim. Allah SWT created the whole universe and all that is in it; including humans of every race, color and belief. He is Rahman, and Raheem, which means that He cares more about life than anything that can be replaced or recreated. It is a shame that there is bigotry all around us. The intolerance that resides in the human hearts is as reprehensible as the acts that it makes them commit, however, fighting fire with fire does not bring forth any better results other than the aftermath of destruction that is inevitable.

People have been fighting in the name of God for millennia, leaving a bloody trail of blood and suffering in its wake. From crusaders to the Taliban, zealots have followed their own agendas using the banner of God's will as an endorsement to force their misguided ideals on people.

We are the flag bearers of our great legacy and its protection as well as its sustenance is our utmost responsibility, including raising our voice in [non violent] protest. However, as the followers of a religion that literally means peace, and the humble servants of Allah, the Magnificent and Merciful, and Mohammad SullaLlaaho alaehe wa sullum, the Rehmat-ull-il-aalameen, our love for our fellow humans and all life must be paramount; anything short of that is not only the path to the precipice at which we as a nation stand today, but also a grave sin in the eyes of our creator.

Dr. Wasique Mirza, AIMC 1991, is an Op-Ed Guest Columnist for Scranton Times-Tribune. He practices as an Internist in Scranton, Pennsylvania and is a Clinical Assistant Professor of Medicine at the Commonwealth Medical College and Scranton-Temple Residency Program.

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Dr. Uqba Khan (Class of 2008) has recently finished his Research Fellowship at SUNY Downstate where he coordinated and published various research projects in the field of Cardiology. He is now going to start his residency in Internal Medicine at St. Agnes Hospital, Baltimore.

It gives me immense pleasure to share with you the NRMP Match result of Iqbalians. As always, Iqbalians have matched into wonderful Programs. AIMCAANA congratulates all those who matched this year and wish them a prosperous future ahead.

Class of 2009

Ali Razvi, Grand Rapids Medical Education Partners/MSU, MI (PreMatch, Internal Medicine)

Class of 2008

Rizwan Akbar, West Virginia University/CAMC, WV (Family Medicine)

Sophia Ali, University at Buffalo, NY (PreMatch, Internal Medicine)

Syma Zohair Jahangir, Louisiana State University, LA (Internal Medicine)

Uqba Khan, St. Agnes Hospital Baltimore, MD (PreMatch, Internal Medicine)

Zeshan Ahmed, Metro West Medical Center, MA (Transitional Year):

SUNY Downstate Brooklyn, NY (Radiology)

Class of 2007

Imran Anwar, Brooklyn Hospital, NY (Internal Medicine)

Muhammad Kashif, Bronx Lebanon Hospital, NY (PreMatch, Internal Medicine)

Usman Niaz, University of Texas, Galveston, TX (PreMatch, Internal Medicine)

Class of 2006

Asgher Ali, NYMC-Montefiore Med Center, NY (Internal Medicine)

Nilma Arshad, Raritan Bay Medical Center, NJ (Internal Medicine)

Sobia Arshad, Bronx Lebanon Hospital, NY (PreMatch, Internal Medicine)

Class of 2005

Ali Haider, Good Samaritan Hospital, OH (Internal Medicine)

Babar M. Saggi, Nassau Medical Center, NY (PreMatch, Psychiatry)

Muhammad Omer Khan, Indiana State University, Union Hospital, IN (Family Medicine)

Reema Malik, University of Nevada School of Medicine, Reno, NV (Internal Medicine)

Class of 2004

Nawaz Cheema, St. Luke's Roosevelt Hospital, NY (Post Match, Internal Medicine)

Wajid Hussain Joya, UMDNJ, NJ (Psychiatry)

Class of 2003

Atif Khan, Marshfield Clinic, WI (Med-Peds)

Class of 2002

Amer Nazir, NYMC-Montefiore Med Center, NY (Internal Medicine)

We love to hear from you!

2012

Please keep in contact by dropping an e-mail to webmasteraimcaana@gmail.com



Khadim Hussain (AIMC 1986) Emergency Dept. Physician at Valley Baptist Medical Center-Brownsville, has received a national "behind the scene hero" award from the Emergency Nurses Association (ENA) for his work to provide award-winning emergency care for patients in the Valley.



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2. Making APPNA a unifying platform for all Pakistani American Physicians through excellence in leadership, integrity and secular values.
3. Making APPNA a preeminent voice of advocacy for all physicians in medicine, public health and medical education.
4. Making APPNA the leader in social welfare and community enhancement projects for the US, Pakistani and international communities.
5. Strive to enhance the image of Pakistan in USA and USA in Pakistan through educational, welfare and social ventures.

Brief Bio:

Life Member APPNA
Life Member APPNA FL chapter
Life Member AIMCANA
Past President AIMCANA
Co Chair Host committee APPNA Summer Meeting 2007
Married with three beautiful children.
Wife Humeraa also life member APPNA
Fellow American College of Cardiology

Fellow American College of Physicians
Fellow American College of Chest Physicians
Fellow Society of Cardiac Angiography & Interventions
Fellow Society for Geriatric Cardiology
Master American Board of Cardiology
President Institute of Cardiovascular Excellence, Ocala, FL

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Jinnah Allama Iqbal institute of Diabetes and Endocrinology (JAIDE)

Ali Jawa, MD

AIMCAANA is proud to present the progress report of Jinnah-Allama Iqbal Institute of Diabetes and Endocrinology (JAIDE). JAIDE consists of a single free standing building housed within Jinnah Hospital premises. It is designed to cater to medical needs of multiple patients at a time under supervision of senior faculty. In addition to the teaching faculty, JAIDE is serviced by 3-4 post-graduate doctors, 1 nurse and 2 paramedics. We have 2 endocrine fellows-in-training rotating between inpatient consultation and JAIDE on monthly basis. Since its inauguration in November 2009, JAIDE has been successfully providing services to the patients with Diabetes and other Endocrine problems. On average JAIDE provide treatment to about 25,000 patients per year.

JAIDE provided expert consultation to patients regarding treatment and management of diabetes as well a variety of endocrine disorders. In addition to diabetes, patients seek treatment for hypothyroidism, hyperthyroidism, evaluation of short stature in children, pre and post-operative evaluation of pituitary tumors, adrenal insufficiency, Cushing's syndrome, hyperparathyroidism, osteoporosis, and osteomalacia etc. In addition to providing treatment, JAIDE staff educate our patients about a variety of topics such as making smart food choices, how to inject insulin and check blood sugar by glucometer, how to take of their health including optimal foot care etc.

JAIDE is equipped with a highly trained and dedicated human resource, our most important asset. In addition to well-furnished patient treatment cabins equipped with diagnostic equipment, we have an autoclave, minor surgery equipment and patient education TV and DVD player. Our center is in the works to establish electronic medical record system for which networking has been done already. The satisfaction rate amongst treated patients exceeds 90 percent.

Due to its tremendous success JAIDE phase 2 expansion plan has been approved for renovation courtesy AIMCAANA in the building next to existing structure. JAIDE expansion is expected to be established and functional by the end of the year. JAIDE expansion will be a dedicated patient education building equipped with all modern audiovisual equipment and an environment conducive to learning.

Ali Jawa, AIMC 1996 Fall, completed his internal medicine residency from Brooklyn, New York and endocrinology fellowship from the University of Louisiana, New Orleans, in 2003. He moved to Pakistan in 2004 and is working as Assistant Professor of Medicine at Allama Iqbal Medical College, Lahore, Pakistan.

Doctors Library



Usman Sarwar

Doctors' library is located on the first floor of Jinnah Hospital. It has a seating capacity for about 70 people. This library is well known among doctors especially those who are preparing for their postgraduate exams. It was brought to the notice of AIMCAANA that this library has not been renovated for many years. The condition of the library was very bad. AIMCAANA in collaboration with Principal AIMC, Dr. Javed Akram proposed to renovate the library. Mr. Aslam Khan of Citizens Committee was given the responsibility of renovating the library.

The renovation was completed in record period of 2 weeks and included replacement of carpet, new vacuum cleaner, new chair, lights and air conditioner. Several Iqbalians participated in the fund raising campaign for uplifting of the library. A total of PKR: 200,000 were spent to renovate the library. Once again, without the help of citizens committee, this project would not have been completed.





Role of Alumni Associations in Institution

Tahir Latif, MD

One thing that separates developed nations like United States from developing countries like Pakistan is their emphasis in building educational institutions. We see world class, state-of-the-art educational institutions in almost every corner of United States. It is not just governments that wish to strengthen these institutions; it is actually the common man, especially the graduate of these institutions, who also desires for these institutions to flourish. I am particularly impressed how alumni associations of these institutions cash in the loyalties of their successful graduates and how these individuals are instrumental in the growth and strengthening of these institutions.

Growing up in Pakistan and having been studied at many prestigious institutions in Pakistan, I was not familiar with the concept and utility of these alumni associations. My first exposure to the strength of alumni association was at Cleveland Clinic, where I saw how everybody who had gone through their training at Cleveland Clinic kept coming back to contribute not only financially but also with their time to help these clinic achieve its mission and continue to grow.

We the Pakistani diaspora having been through many of the educational institutes in Pakistan and being as successful as we are need to cultivate such loyalties among ourselves if we want these institutions to continue educating our next generations. I am pleased that many of us residing in US recognize this important need and organize ourselves to establish alumni associations of our educational institutes in Pakistan, here in North America. On a personal level it is a great privilege to be able to get involved with AIMCAANA. It is heartening to see significant strides AIMCAANA had made over the last 3-4 years towards this cause. AIMCAANA was able to help Allama Iqbal Medical College at different levels, JAIDE and out-patient Chemotherapy infusion suite fulfilled significant unmet needs of students and patients, help individual students by mentorship and scholarships, and help fresh graduates looking for residency by providing Qurze-Hasna and low cost lodging in Philadelphia.

AIMCAANA was able to collect and spend over \$ 225,000 since 2008 for these projects only because of the continued support of all of AIMC graduates in North America and I wish we would continue the process for many years to come to make Pakistani institution stronger.

Tahir, AIMC 1996 Fall, did Internal Medicine and Hematology/Medical Oncology training at Cleveland Clinic Foundation, Cleveland Ohio, after spending almost six years in private practice at Carlsbad, New Mexico, he is currently serving as Assistant Professor of clinical medicine at University of Cincinnati.





2011 Alumni Dinner



Anwar Masood at AIMCAANA Dinner



Alumni Dinner



Dr. Babar Cheema



Amjad Islam Amjad



Dr. Javed Akbar



Anwar Iqbal (Dawn), Bob Deitz (CPJ), Umar Cheema (The News) and Babar Cheema (AIMC).JPG



Iqbalians



L to R-Atif Rasheed, Nusrum Iqbal, Saad Usmani, Mujtaba Ahmad, Shahram Malik & Rashid Mehboob



Left to Right-Muhammad Aslam, Tahir Latif & Prof Javed Akram



Left to Right-Abid Hussain, Asif M. Rehman, Saima Zafar, Tahir Latif, Manzoor Tariq and Khadim Hussain



Left to Right-Rizwan Akhtar, Tahir Latif & Prof Javed Akram



Left to Right-Atif Rasheed, Anwar Masood & Shahram Malik



Left to Right-Umar Cheema, Tahir Latif & Prof Javed Akram



Left to Right-Fazal Akbar Ali, Hafsa Nawaz & Tayyaba Fazal



Mr Aslam Khan member citizen committee representing AIMCAANA at JINNAH Public School

ASIF M. REHMAN

M.D.

**CANDIDATE
FOR
PRESIDENT
ELECT 2013**

F.A.C.C., F.A.C.P., F.S.C.A.I.

Director Invasive Cardiology and Cardiac Catheterization
Laboratory - Mercy Medical Center, Long Island, NY

Associate Direct Interventional Cardiology -
South Nassau Communities Hospital, Long Island, NY

Attending Invasive Cardiologist - St. Francis Hospital "The Heart Center" Long Island, NY

- **Secretary:** Central APPNA 2012
- **Treasurer:** Central APPNA 2011
Chair Finance Committee
Member CABL Committee
Member Form Committee (Adhoc)
- **President:** APPNA NY Chapter 2009
- **President:** Association of Pakistani Descent
Cardiologists of North American 2009
- **President:** Nishtar Medical College Alumni of North
America 2008
- **Chair:** Constitution & Bylaws Committee "CABL"
of APPNA 2009
- **Chair:** Membership committee 2007 and 2008
- **Co-Chair:** Young Physicians Committee 2007
- **Member:** Resource Committee 2009
- **Member:** Committee on Advocacy, Legislative &
Government Affairs 2008
- **Member:** Research, Education & Scientific Affairs
"RESA"



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***Candidate with Experience, Commitment, Integrity, Dedication and
Proven Leadership***



”اخبار والے چاچا جی“

ڈاکٹر نین منیر (علامہ اقبال کالج ۲۰۰۱)

علامہ اقبال میڈیکل کالج ہاسٹل کی چند خوبصورت یادوں میں سے ایک ”اخبار والے چاچا جی“ ہیں۔ اُن کے اصل نام سے اکثر لوگ واقف نہ تھے اور انہیں ”چاچا جی“ کہہ کر بلاتے۔

چاچا جی سے میری پہلی ملاقات غالباً کالج کے تیسرے سال میں ہوئی۔ وہ کسی سرکاری محکمے میں معمولی ملازمت سے ریٹائر ہوئے تھے۔ اُن کی بیوی اور بیٹا جہلم کے قریب ایک دیہات میں رہتے تھے۔ اُن کی شدید خواہش تھی کہ اُن کا فرزند ایک تعلیم یافتہ انسان بنے۔ تعلیم کے اخراجات پورے کرنے کی خاطر انہوں نے ریٹائرمنٹ کی زندگی کو خیر باد کہا اور محنت مزدوری کے لئے لاہور آچینے۔

چاچا جی جناح ہسپتال اور علامہ اقبال میڈیکل کالج کے ہاسٹل میں دوپہر کے مقامی اخبارات کے علاوہ ملکی اور غیر ملکی جرائد بیچتے۔ گرمی ہو یا سردی، بارش یا آندھی، چاچا جی ایک پرانی سائیکل پر سوار، موٹے شیشوں کی عینک لگائے، اردو بازار جاتے، اخبار کے بنڈل سائیکل پر لادتے اور پھر واپس پہنچ کر انہیں بیدل بیچتے۔

چاچا جی پتلے ڈبل جسم کے پست قامت انسان تھے چہرے پر چھوٹی سفید داڑھی اور بالکی سی مسکراہٹ۔ اُن کے ظاہر میں کچھ بھی غیر معمولی نہ تھا مگر اُن کے اخلاق اتنے اعلیٰ، دل ایسا اُجلا اور باطن ایسا روشن تھا کہ جو بھی اُن سے ملتا متاثر ہوئے بغیر نہ رہتا۔

اپنی کسپری اور کمزور مالی حیثیت کے باوجود چاچا جی ہاسٹل والوں کو اخبار اور رسائل فراہم کرتے وقت پیسوں کا مطالبہ نہ کرتے۔ جب اُن سے پوچھتے ”چاچا جی کتنے پیسے بنے؟“ تو وہ کہتے ”پیسوں کا کیا ہے جی آہی جائینگے۔“ وہ مہنگے غیر ملکی جرائد مثلاً ناٹم اور نیوز ویک طلباء کو پڑھنے کے لئے مفت دے دیتے اور کہتے ”بیٹا یہ بہت مہنگا ہے آپ ایک دو روز میں پڑھ کر واپس کر دینا بس خیال رہے اس کے اوراق خراب نہ ہوں“ یہ سب طرز عمل اس حقیقت کے باوجود تھا کہ چاچا جی کا اپنا گزارا مشکل سے ہوتا۔

چاچا جی کے پاس لاہور میں رہائش کا انتظام نہ تھا مگر اُن کی دھیمی، مسکراتی اور سب سے ادب سے پیش آنے والی شخصیت نے سب کو ایسا متاثر کیا کہ ہاسٹل نمبر ۳ کے ساتھیوں نے انہیں ہاسٹل میں ٹھہرنے کی اجازت دے دی اور مفت کھانا بھی فراہم کر دیا۔

میں نے چاچا جی کو کبھی اُداس، مایوس یا غمگین نہیں دیکھا۔ اُن کے چہرے پہ ہر وقت ایک مسکراہٹ ہوتی۔ میں روزانہ ہاسٹل میں اپنے کمرے کے دروازے پر اُن کی دستک کا انتظار کرتا۔ دستک سُن کر باہر نکلتا اور پوچھتا ”چاچا جی سنائیں کیا حال ہے؟“ وہ مسکرا کر کہتے ”بیٹا اللہ نے اس قدر نعمتیں دے رکھی ہیں کہ ہر قدم پر بھی اُس کا شکر ادا کروں تو کم ہے۔“

دنیاوی اعتبار سے دیکھا جاتا تو چاچا جی کے پاس کچھ نہ تھا۔ ایک پرانا مکان، پرانی سائیکل، کپڑوں کے چند جوڑے! بس! کمزور بینائی، عمر رسیدہ ہونے کے باوجود دن رات کی مشقت، نہ گھر والوں کا ساتھ، نہ گھر کا آرام مگر پھر بھی یہ الفاظ۔ ”اللہ نے اس قدر نعمتیں دے رکھی ہیں کہ ہر قدم پر بھی اُس کا شکر ادا کروں تو کم ہے“ یہ الفاظ مجھے اک جہان حیرت میں لے جاتے۔

روزانہ نہر کے کنارے چاچا جی جب اپنی پرانی سائیکل پر آہستہ آہستہ اپنے رب کا شکر ادا کرتے گزرتے تو اُن کے برابر میں تیزی سے گزرتی کاروں میں بیٹھے صاحب جائیداد و صاحب حیثیت افراد کی اکثریت اسی پشیمانی میں ہوتی کہ زیادہ سے زیادہ دولت، طاقت یا اثر و رسوخ حاصل کیسے ہو۔

خدا کی آخری کتاب اعلان کرتی ہے: **الھٰکُمُ النّکٰثِرُ حَتّٰی ذرّتم المّقاہِر**

زیادہ سے زیادہ کی حرص نے تمہیں غافل کر دیا۔ یہاں تک کہ قبروں میں جا بیچنے۔

چاچا جی ظاہر میں ایک عام اخبار فروش تھے مگر حقیقت میں وہ قرآن کے الفاظ میں مومن، اشفاق احمد کے بابا اور اہل تصوف کی تعریف میں ولی تھے۔

2009 میں ایمکانا نے سٹیژن کمیٹی کی سفارش پر علامہ اقبال میڈیکل کالج کے 106 مستحق طلباء و طالبات کو ان کی پڑھائی اور ہوٹل اخراجات کیلئے نقد رقم کے وظائف دیئے۔ وظائف کی تقسیم جناب پرنسپل کے ہاتھوں ایک پرنٹوہ تقریب میں ہوئی۔ اس عمل سے کالج انتظامیہ اور طلبہ و طالبات میں ایمکانا کا تعارف بہتر انداز میں ہو گیا، گزشتہ سال یعنی 2010ء میں 22 مستحق طلبہ و طالبات کو تعلیمی وظائف دیئے گئے۔ اگر ایگزیکٹو کونسل نے منظوری دی تو رواں سال بھی اس عمل کو جاری رکھا جائے گا۔

ذیابطیس (Diabetes and Endocrine Disorders) کی طرح سرطان (Cancer) بھی ایک نہایت مہلک مرض ہے۔ جناح ہسپتال میں ایک نہایت قابل، تجربہ کار اور دردل رکھنے والی معزز خاتون پروفیسر ڈاکٹر زبیرا عزیز اس شعبہ کی انچارج ہیں۔ گزشتہ سال ایک ملاقات میں انہوں نے ایمکانا کے 2010 کے صدر ڈاکٹر طاہر لطیف جو خود بھی ایک ماہر سرطان و خون (Oncologist and Hematologist) ہیں، سے ہسپتال کے Outpatients Chemotherapy Infusion Suite کی سہولیات میں بہتری لانے کیلئے فنڈ مہیا کرنے کی درخواست کی۔ منصوبے کی Viability لاہور اور امریکہ میں پوری طرح جانچی گئی۔ ایمکانا کے سینئر عہدیداران نے خود جناح ہسپتال، لاہور جا کر سٹیژن کمیٹی کے ممبران سے مل کر منصوبہ کا موقع پر جا کر جائزہ لیا اور قابل عمل بلکہ ضروری قرار دیا اور منصوبے کی منظوری دی۔ الحمد للہ اپریل 2011ء میں ایمکانا کا یہ منصوبہ بھی مکمل ہوا اور سرطان (Cancer) جیسے موزی مرض کے مریضوں کو علاج کی بہتر سہولتیں مہیا ہو رہی ہیں۔

JAIDE اور کینسر کے شعبوں کی درخواست پر ایمکانا سٹیژن کمیٹی نے تحقیقی (Research) کام میں سہولت کیلئے ایگزیکٹو کونسل کو ماہانہ بنیاد پر کچھ رقم مہیا کرنے کی سفارش کی۔ ایگزیکٹو کونسل نے ایک سال کیلئے یہ رقم مہیا کرنے کی (مئی 2011ء تا اپریل 2012ء) منظوری دے دی۔ اب یہ شعبے تحقیقی کام کیلئے فنڈز کی کمی کا شکار نہیں ہوں گے۔ ہسپتال انتظامیہ کی درخواست اور سٹیژن کمیٹی کی سفارش پر اساتذہ اور طلبہ کی سہولت اور استعمال کیلئے ایمکانا نے ایک کثیر رقم خرچ کر کے AIMC کو امریکہ سے 200 عدد Audio Response Systems بھجوائے۔ کالج کے اساتذہ اور طلبہ و طالبات ان سے مستفید ہو رہے ہیں۔

ایمکانا سٹیژن کمیٹی لاہور نے مالی معاملات کو مکمل طور پر شفاف بنایا ہے۔ تمام معاملات اور منصوبوں کی جانچ پڑتال سٹیژن کمیٹی کے تمام ممبران کرتے ہیں۔ رقوم کی ادائیگیوں کی منظوری بھی سٹیژن کمیٹی دیتی ہے۔ تمام معاملات اور ادائیگیوں سے ایمکانا انتظامیہ کو آگاہ رکھا جاتا ہے۔ تمام ادائیگیاں بذریعہ بینک کی جاتی ہیں۔ بینک کے کھاتوں کو کمیٹی کے دو ذمہ دار ارکان مشترکہ طور پر چلاتے ہیں۔ کوئی فرد واحد بینک سے رقم نہیں نکلا سکتا۔ بینک کے کھاتوں کو امریکہ سے بھی Online چیک کیا جاسکتا ہے۔ بینک کھاتوں کے پن کوڈز (Pin Codes) امریکہ میں ایمکانا کے متعلقہ عہدیداران کے پاس موجود ہیں۔ میں نہایت وثوق اور ایمانداری سے ڈونرز (Donors) کو یقین دلاتا ہوں کہ ان کے بھیجے گئے پیسوں کو آپ کے منظور شدہ منصوبوں پر سخت نگرانی میں خرچ کیا جاتا ہے۔ سٹیژن کمیٹی کوشش کرتی ہے کہ آپ کا ایک روپیہ بھی غیر ضروری جگہ پر خرچ نہ ہو۔ اب تک مذکورہ بالا منصوبوں اور دیگر منظور شدہ کاموں پر پچاس لاکھ پاکستانی روپوں سے زائد رقم خرچ ہو چکی ہے۔ ایمکانا سٹیژن کمیٹی کے تمام ارکان نہایت مخلص، ہمدرد اور کچھ اچھا کرنے کے جذبہ سے سرشار ہیں۔ ہماری آپ کے فلاحی کاموں میں اعزازی معاونت و درحقیقت خدمتِ خلق کے ساتھ ساتھ اللہ تعالیٰ کی خوشنودی حاصل کرنا ہے۔

میری تقریر اپنے ایک نہایت معزز ساتھی بریگیڈیئر (ریٹائرڈ) محمد اختر، جو اب ہم میں نہیں ہیں اِنَّا لِلّٰہِ وَاِنَّا اِلَیْہِ رَاجِعُونَ کے ذکر کے بغیر مکمل نہیں ہو سکتی، وہ ایک شفیق بزرگ ہونے کے ساتھ ساتھ ان تمام خوبیوں کے حامل تھے جو ایک ہمدرد اور اچھے انسان میں ہوتی ہیں۔ ہمیشہ دوسروں کیلئے کچھ اچھا کرنے کا کہا کرتے تھے۔ اللہ تعالیٰ انہیں جنت کے اعلیٰ درجات میں رکھے۔ آمین

میں نے اپنی تقریر ایک شعر سے جو کہ مجھے بہت پسند ہے سے شروع کی تھی، اب اسے ایک حسبِ حال شعر پر ہی ختم کرتا ہوں۔
ہم تو چراغِ اول ہیں، اول شبِ مجھ جائیں گے
تم ہی یارو آخرِ شب تک دیپ سے دیپ جلائے رکھنا

اللہ تعالیٰ ہم سب کا حامی و ناصر ہو۔

والسلام



Following is the text of speech delivered by Mr. Muhammad Aslam Khan, Co-coordinating Member of the "CITIZEN COMMITTEE LAHORE" of the Allama Iqbal Medical College Alumni Association of North America (AIMCAANA) at its "Annual Summer Meeting/Dinner held on 2nd July, 2011 at Saint Louis, Missouri, USA. It, inter-alia, contained brief "Performance Report" of Citizen Committee for the period from March, 2009 to June 2011 for the information of all concerned.

نحمدہ و نصلی علی رسولہ الکریم اما بعد اعوذ باللہ من الشیطن الرجیم بسم اللہ الرحمن الرحیم

السلام علیکم۔

مجھے تلاش ہے دنیا میں ایسے لوگوں کی جو دوسروں کے لیے خود کو بھول جاتے ہیں

قابل صد ستائش ہیں ہمارے یہ نوجوان جو اس نفسا نفسی کے دور میں بھی اپنے ملک، وہاں کے غریب مریضوں، اپنے کالج جہاں سے انہوں نے میڈیکل کی تعلیم حاصل کی اور ہسپتال جہاں انہوں نے اپنے اساتذہ کی زیر نگرانی بیمار لوگوں کا علاج کر کے اپنے اپنے طبی شعبوں میں مہارت حاصل کی، کو نہیں بھولے۔ اب جب کہ وہ اس قابل ہیں کہ وہ اپنے ملک، کالج، ہسپتال، اپنے جانشینوں (successors) اور غریب مریضوں کے لیے کچھ کر سکتے ہیں تو انہوں نے اپنا فرض پچھانتے ہوئے اور کچھ کر دکھانے کے عزم سے آپس میں ہاتھ ملاتے Allama Iqbal Medical College Alumni Association of North America (AIMCAANA) کے نام سے فلاحی ادارہ قائم کیا اور اپنی نہایت محنت کی کمائی میں سے ایک خاص حصہ اس ادارے کے فنڈ میں جمع کرنے لگے۔ امریکہ میں رہ کر لاہور میں واقع جناح ہسپتال اور علامہ اقبال میڈیکل کالج کے طلبہ اور طالبات کی بہتری کے لیے کام کرنا خاصا مشکل کام تھا، لہذا ان بچوں، خصوصی طور پر ڈاکٹر محمد باجرچیمہ اور ان کے ساتھیوں نے صبح فیصلہ کرتے ہوئے لاہور میں موجود مجھ جیسے ریٹائرمنٹ کے بعد قدرے فارغ اور چند پر خلوص فعال ساتھیوں پر مشتمل ایک ناسٹیشن (AIMCAANA CITIZEN COMMITTEE) تشکیل دی اور اسے یہ مشکل کام سونپا گیا کہ وہ کالج اور ہسپتال کے چیف ایگزیکٹو آفیسر جناب پروفیسر ڈاکٹر جاوید اکرم جن کی فنی قابلیت، انتظامی امور میں مہارت اور دیگر مریض دوست صلاحیتوں سے شاید آپ واقف ہوں، کی مشاورت سے اہم طبی شعبوں میں قابل عمل منصوبے بنائے اور انہیں بہتر طور پر عملی جامہ پہنائے۔

"ایک ناسٹیشن کمیٹی" کا پہلا اجلاس پرنسپل ڈاکٹر جاوید اکرم کی زیر صدارت مارچ 2009ء کو منعقد ہوا جسے ایک ناسٹیشن کے صدر ڈاکٹر خرم نذیر نے conduct کیا اور ایسوسی ایشن کے اغراض و مقاصد سے ممبران سٹیشن کمیٹی کو آگاہ کیا۔ اس اجلاس میں فیصلہ کیا گیا کہ چونکہ ذیابیطس (Diabetese) اور دیگر Endocrine Disorders کے مریض پاکستان میں روز بروز بڑھ رہے ہیں اور ان کے علاج کیلئے جناح ہسپتال میں علیحدہ سے کوئی شعبہ موجود نہیں بلکہ میڈیکل یونٹس میں ہی ان امراض کا علاج کیا جاتا ہے لہذا AIMCAANA اپنے مالی وسائل سے ذیابیطس (Diabetese) اور اس سے منسلک امراض کے مکمل علاج کیلئے تمام ضروری سہولیات پر مشتمل outdoor مریضوں کیلئے ایک مکمل یونٹ بنا کر ہسپتال کے حوالے کرے۔ پرنسپل صاحب نے تعاون فرماتے ہوئے ہسپتال میں موجود بلڈنگ کا ایک حصہ اس منصوبے کیلئے مہیا فرمایا۔ منصوبے کی اہمیت کے پیش نظر ایک کثیر رقم خرچ کر کے اسے جلد مکمل کیا گیا اور نومبر 2009ء میں یہ World Diabetese Day پر اس کا افتتاح کر دیا گیا۔

اللہ کے فضل اور ہسپتال انتظامیہ کے تعاون سے الحمد للہ یہ منصوبہ Jinnah Allama Iqbal Institute of Diabetese & Endocrinology (JAIDE) کے نام سے پرنسپل صاحب کی سرپرستی میں ایسوسی ایٹ پروفیسر ڈاکٹر خورشید خان اور اسسٹنٹ پروفیسر ڈاکٹر علی جاوا، جو دونوں امریکہ ٹرینڈ Endocrinologists ہیں، کی زیر نگرانی بڑی کامیابی سے مستحق مریضوں کی خدمت کر رہا ہے۔ روزانہ 150 سے 200 تک مریضوں کا معائنہ اور علاج کیا جاتا ہے۔ یہ امر بھی قابل فخر اور باعث اطمینان ہے کہ JAIDE کے مکمل ہوتے ہی پاکستان کے متعلقہ ادارہ (College of Physicians and Surgeons of Pakistan) نے سنٹر کا معائنہ کیا اور یہاں موجود سہولتوں کو مناسب گردانتے ہوئے اسے پوسٹ گریجویٹ سٹوڈنٹس کی ٹریننگ کیلئے منظور کر لیا۔ اللہ کا شکر ہے کہ یہ اعزاز (CPSP) نے سنٹر کا معائنہ کیا اور یہاں موجود سہولتوں کو مناسب گردانتے ہوئے اسے پوسٹ گریجویٹ سٹوڈنٹس کی ٹریننگ کیلئے منظور کر لیا۔ اللہ کا شکر ہے کہ یہ اعزاز AIMCAANA Sponsored منصوبے کے حصے آیا۔ یہ بات قابل غور ہے کہ لاہور کے کسی بھی سرکاری اور نجی ہسپتال میں ذیابیطس (Diabetese) اور Endocrine امراض کے علاج کیلئے علیحدہ شعبے موجود نہیں۔

مریضوں کی تعداد میں روز بروز اضافے اور ذیابیطس سے متعلقہ امراض کا ایک ہی جگہ علاج کی مکمل سہولیات مہیا کرنے کیلئے اس سنٹر کی توسیع کا منصوبہ زیر غور ہے۔ ہسپتال انتظامیہ نے مزید بلڈنگ مہیا کرنے کی حامی بھر لی ہے۔ AIMCAANA Executive Council نے منظوری دی تو امید ہے کہ یہ توسیعی منصوبہ بھی آپ کے مالی تعاون سے انشاء اللہ جلد مکمل کرنے کی کوشش کی جائے گی۔

VOTE
FOR
CHANGE



Pervaiz Iqbal
For APPNA President-Elect 2013

I feel overwhelmed and profoundly grateful to the APPNA membership for endowing me with this opportunity to run for the President-Elect of APPNA for the year 2013.

This is crucial and critical time in the historical account of APPNA when it is pacing across the moments of change and conversion. More tangible is the fact that the membership is indomitably firm to transform it into a more practiced, more persistent, more dynamic and a stirring organization in the real sense. The dream to see APPNA as a flourishing and prosperous organization needs an

energetic and vibrant leadership which can come in terms with the mutable and formidable challenges of this ever-evolving world. A leadership with both a focused vision and a practical viewpoint can take APPNA to the desired heights of excellence. Transparency within the thriving organization is conducive to a leadership which is open to all forums of accountability.

A Wave of Change

"Looking up gives light although at first it makes you dizzy." —Mavelana Rumi

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